Daily Update on Novel Coronavirus (COVID-19)
January 20, 2021

New or updated information is in red and bold

This update is available online at healthvermont.gov/covid19
Click the "See the Latest Update" button

Please visit the Vermont Department of Health's COVID-19 web and data pages
healthvermont.gov/covid19

Get Vaccine Data on our Dashboard

Vermont has now vaccinated more than 36,000 people, and 6,575 have received both doses.

Our Vaccine Dashboard now includes information on the number of doses received. There are several reasons why the number of doses received is higher than the number of doses administered. There is sometimes a lag in reporting the number of vaccine doses administered.

In addition, some of the doses Vermont has received so far are preparing to go to long-term care facilities and hospitals for upcoming clinics. We give out more doses of vaccine each week to facilities holding clinics, so the amount we have on hand fluctuates depending on how many clinics are scheduled and the allocation we've received from the federal government.

Stay up to date about COVID-19 vaccination in Vermont, including who can get the vaccine now and who will be eligible next. Check back often, we update this page regularly.

Keep up Prevention and Testing

While we wait for vaccine to become more widely available to Vermonters, we must keep up our prevention practices, including physical distancing, mask-wearing, handwashing and staying home when we're sick.

You can also help prevent the spread of COVID-19 by getting tested. If you want to get tested for COVID-19 and have no symptoms, you can visit a location near you. There are now more than 15 regular locations throughout the state, and more of them are now open daily. Many

sites now allow you to take a sample yourself, using a short swab in your nose. It's quick, easy and free.

Register for a test by visiting healthvermont.gov/covid19testing. (You will need to create an account to register.)

If you have symptoms of COVID-19, please contact your health care provider so they can refer you for testing. If you don't have a provider, you can call 2-1-1.

New on healthvermont.gov

Recently, the percent of people with COVID-19 who are associated with an outbreak has been lower than average, while the percent of people who had contact with another case has been higher than average. Learn more about how people are getting COVID-19 and what it means in the latest Weekly Data Summary Spotlight.

Case Information
Current COVID-19 Activity in Vermont
As of 12 p.m. on January 20, 2021

Description	Number
New cases*	124 (10,471 total)
Currently hospitalized	42
Hospitalized in ICU	7
Hospitalized under investigation	4
Percent Positive (7-day average)	2.6%
People tested	290,593
Total tests	818,476
Total people recovered	7,020
Deaths+	165
Travelers monitored	174
Contacts monitored	244
People completed monitoring	12,371

* Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.
+ Death occurring in persons known to have COVID-19. Death certificate may be pending.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more data at: healthvermont.gov/currentactivity.

Guidance for Vermonters and Businesses

- Health information, guidance and data: healthvermont.gov/covid19
- Sector guidance: accd.vermont.gov/covid-19
- Modeling: dfr.vermont.gov/about-us/covid-19/modeling
- Governor's actions: governor.vermont.gov/covid19response

Get the information you need at our Frequently Asked Questions.

School & Child Care Guidance

- **Strong and Healthy Start:** Safety and Health Guidance for Vermont Schools
- **Mental Health:** A Strong and Healthy Start: Social, Emotional and Mental Health Supports During COVID-19
- **Child care:** Health Guidance for Child Care and Out of School Care

More resources on the Your Community web page.

Take Care of Your Emotional and Mental Health

If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your local mental health crisis line.
- Text VT to 741741 to talk with someone at the Crisis Text Line.
- Call the National Suicide Prevention Lifeline at 1-800-273-8255.
- For more information visit healthvermont.gov/suicide.
- Visit our Coping With Stress web page.
- Get connected to Alcohol and Drug Support Services at VT Helplink.
- Get self-help tips and connect to mental health services at COVID Support VT.

# # #

Media Contact: CV19media@vermont.gov

Information for the public can be found at https://healthvermont.gov/covid19.